

## GFR/Bush Park Cross Country Runs Course Records

<b>Race</b>	<b>Gender/Age</b>	<b>Name</b>	<b>Time</b>
<b>500 Meters</b>	Boys Under 5	Blake Clark	2:47:9
	Girls Under 5	Melissa Kittrel	2:48:8
	Boys 5-6	Andy K Young	2:04:8
	Girls 5-6	Bethany Westline	2:18:4
<b>1600 Meters</b>	Boys 7-9	Hunter Hurl (2018)	5:52.8
	Girls 7-9	Megan Akin	5:27.4
	Boys 10-12	Kyle Spencer (2017)	5:41.0
	Girls 10-12	Ella Rosling (2019)	5:57.0
<b>3000 Meters</b>	Boys Under 13	Kyle Spencer (2018)	10:43.2
	Girls Under 13	Anna Chau	11:17.0
	Boys 13-15	Galen Rupp	9:32.0
	Girls 13-15	Brooke Chuhlantseff	10:35:0
	Men 16-19	Darin Rabb	8:54.4
	Ladies 16-19	Deanna Schiedler	10:37.0
	Men 20-29	Steve Cain	8:54.5
	Ladies 20-29	Susan Carrigg	10:18.4
	Men 30-39	Steve Carrigg	9:01.1
	Ladies 30-39	Pam Smith	11:07.0
	Men 40-49	Gene Solomon	9:13.4
	Ladies 40-49	Daniela Chuhlantseff	11:39.0
	Men 50-59	Eric Williams	10:01.0
	Ladies 50-59	Deanna O'Neil	11:52.2
	Men 60-69	John Keston	11:24.4
	Ladies 60-69	Betsy Miller	14:24.0
	Men 70+	Joe Kregan	14:19.0
Ladies 70+	Geraldine Gray	42:07.0	
<b>5000 Meters</b>	Boys under 13	Andy Nelson	18:32.0
	Girls under 13	Kelsy Oldham	20:42.3
	Boys 13-15	Mike Murphy	16:21.0
	Girls 13-15	Brooke Chuhlantseff	18:56.0
	Men 16-19	Mike Shannon	15:24.3
	Ladies 16-19	Ginger Murnieks	18:05.2
	Men 20-29	Dave Castle	14:51.3
	Ladies 20-29	Debbie Eide	17:07.6
	Men 30-39	Dave Castle	15:22.9
	Ladies 30-39	Stephanie Snyder	18:38.0
	Men 40-49	Joshua Gordon	16:29.0
	Ladies 40-49	Susan Gallagher	19:54.0
	Men 50-59	Eric Williams	17:09.0
	Ladies 50-59	Deanna O'Neil	19:28.0
	Men 60-69	John Keston	19:34.0
	Ladies 60-69	Betsy Miller	25:28:0
	Men 70+	Daniel Murchen	20:51.0
Ladies 70+	.....	.....	

**Please inform a results volunteer if you set a new course record.**

Edited July 2022